DUNDEE ICE SKATING CLUB IJS OPEN
14TH to 16th JULY 2017
National Ice Skating Association of UK Ltd
Technical Requirements for National Singles Open Competitions
From 1st July 2017 to 30th June 2018
(To read in conjunction with any relevant ISU Communications and subject to any revisions emanating from Frankfurt July 2017)

These competition program requirements comply with ISU Basic Novice to Senior and, for a short time, may be out of line with the NISA Free Skating test structure. All elements performed are as per ISU current regulations. This allows skaters to perform IJS test and competition elements as per the established criteria (ISU regulations)

This Generic Criteria must be read in conjunction with ISU Special Regulations and Technical Rules 2016, ISU Communications 2089, 2014, 2024 and any subsequent ISU communications. Vocal Music is allowed at all levels. ISU Age restrictions do not apply.

However, for the purpose of the Step Sequence in Beginner Singles, the requirement for full ice surface at base level will be achieved when the skater covers a minimum of 75% of the full ice surface to make this achievable for skaters at this level. The criteria for level 1 and above step sequences remain as per ISU.

Ladies and Men may not compete together in the same singles competitions. These singles competitions must be split into separate Ladies and Men's events. This does not apply to any exhibition events where this is at the discretion of the club. Tests passed after the closing date DO NOT allow entry to be transferred to another level unless agreed by the organizing committee.

The Generic Criteria is the same for all Opens, with the following conditions:
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- **There are no age restrictions at any level of the Generic Criteria for competitors conforming to the Minimum and Maximum test standard requirements stated for the relevant level.**
- All competitions except exhibition events must be judged using IJS.
- IJS events from Beginner to Level 3 will be judged in accordance with the ISU Basic Novice regulations, i.e. No element can achieve higher than Level 2 and only 2 components will be scored in accordance with ISU Communication 2024
- **Levels 8 to 10 may be skated at all events, using IJS if desired by the Club but due to restrictions on levels caused by the size of the ice surface**, **test passes will only be available when skated on ice surfaces with a minimum size of 26 x 56 meters.** Permit requirements will be different for the two types of event.
- Where Clubs/Rinks choose and are permitted to hold an event using the IJS, the Short Programme and Free Programme **MUST be run as 2 separate events**.
- Skaters are free to enter either or both of the 2 events at any level for which they meet the requirements.
- Many skaters will be eligible at more than one level and will choose which event they enter in association with their Coach, based on their personal plans for the season. If entries are submitted for 2 events, skaters must state their preference if clubs can only accommodate skaters in one event due to time restrictions.
- As per ISU Com. 2024 no highlight will be awarded at level 8 and below.

It may be possible to achieve test passes at all NISA Permitted IJS Opens working within NISA rules / criteria.

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Event Number and Competition Name	Event level	Minimum Test Requirement	Maximum Test Requirement	Program Length	Notes
BL – Beginner Ladies **BM – Beginner Men**	Beginner	Skate UK Gold Star (Figure) or a minimum of Level 1 Field Moves A photocopy of the Skate UK passport must be submitted with the application form (unless Novice Field Moves or Level 1 Dance Moves already held)	Must not hold any of the following: ▪ Level 1 Elements or ▪ Level 1 Free	1½ Minutes (+/- 5 seconds)	Skaters should perform a well balanced programme with linking steps, consisting of: A maximum of 3 jump elements including • single jumps only, excluding axel, lutz and flip • NO combinations or sequences are permitted • Any single jump cannot be executed more than twice in total NB - A 3 (waltz) jump is not a listed jump and is not counted as a jump element. A maximum of 2 spins, • 2 Basic position spins (of different ISU abbreviations) only are allowed with no change of foot and no change of position. (Min 3 revs) A maximum of 1 Step Sequence (min 75% ice coverage required)
1L – Level 1 Ladies **1M – Level 1 Men**	Level 1	A minimum of Level 1 Field Moves and either ▪ Level 1 Elements or ▪ Level 1 Free	Must not hold any of the following: ▪ Level 2 Elements or ▪ Level 2 Free	1½ Minutes (+/- 5 seconds)	Skaters should perform a well balanced programme with linking steps, consisting of: A maximum of 4 jump elements including • single jumps only, excluding axel ,and lutz • A maximum of 1 jump combination or sequence consisting of only 2 single jumps, excluding axel & lutz. • Any single jump cannot be executed more than twice in total There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position. The spin combination can be executed with a change of foot and a minimum of six (6) revolutions or without a change of foot with a minimum of four (4) revolutions. The spin with no change of position can be executed with a change of foot and a minimum of six (6) revolutions or without a change of foot and a

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					minimum of four (4) revolutions. In both spins flying entries are allowed A Maximum of 1 step sequence utilising the full ice surface.
2L – Level 2 Ladies **2M – Level 2 Men**	Level 2	A minimum of Level 2 Field Moves **and** either ▪ Level 2 Elements or ▪ Level 2 Free	Must not hold any of the following ▪ Level 3 Elements or ▪ Level 3 Free	1½ Minutes (+/- 5 seconds)	Skaters should perform a well balanced programme with linking steps, consisting of: A maximum of 4 jump elements, consisting of • single jumps only (no axels allowed) • A maximum of 2 jump combinations or sequences consisting of only 2 single jumps excluding axels. • Any single jump cannot be executed more than twice in total There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position. The spin combination can be executed with a change of foot and a minimum of six (6) revolutions or without a change of foot with a minimum of four (4) revolutions. The spin with no change of position can be executed with a change of foot and a minimum of six (6) revolutions or without a change of foot and a minimum of four (4) revolutions. In both spins flying entries are allowed A Maximum of 1 step sequence utilizing the full ice surface

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3L – Level 3 Ladies **3M – Level 3 Men**	Level 3	A minimum of Level 3 Field Moves **and** either ▪ Level 3 Elements or ▪ Level 3 Free	Must not hold any of the following ▪ Level 4 Elements or ▪ Level 4 Free	2 Minutes (+/- 5 seconds)	Skaters should perform a well balanced programme with linking steps consisting of A maximum of 4 jump elements, consisting of • Single jumps only – axels allowed • A maximum of 2 jump combinations or sequences consisting of only 2 single jumps or axels. • Any single jump cannot be executed more than twice in total. There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position. The spin combination can be executed with a change of foot and a minimum of six (6) revolutions or without a change of foot with a minimum of four (4) revolutions. The spin with no change of position can be executed with a change of foot and a minimum of six (6) revolutions or without a change of foot and a minimum of four (4) revolutions. In both spins flying entries are allowed A Maximum of 1 step sequence utilizing the full ice surface **NB The axel may not be attempted more than twice in the programme**

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4L – Level 4 Ladies **4M – Level 4 Men**	Level 4 (Basic Novice A)	A minimum of Level 4 Field Moves **and** either ▪ Level 4 Elements or ▪ Level 4 Free	Must not hold any of the following ▪ Level 5 Elements or ▪ Level 5 Free	2½ Minutes (+/- 10 seconds)	Skaters should perform a well balanced programme with linking steps consisting of A maximum of 4 jump elements, consisting of • A minimum of 1 axel type jump element (either solo or in combination or sequence) • A maximum of 2 jump combinations or sequences consisting of only 2 jumps in combination .A jump sequence can contain any number of jumps but only the two most difficult jumps will be counted. • Any single or double jump cannot be executed more than twice in total. • Triple jumps not permitted There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position. The spin combination can be executed with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions. The spin with no change of position can be executed with a change of foot and a minimum of eight (8) revolutions or without a change of foot and a minimum of six (6) revolutions. In both spins flying entries are allowed There must be one step sequence fully utilising the ice surface. **Levels explanation**: In all elements subject to levels only features up to level 2 will be counted. **Program Components**: Skating Skills & Performance/ Execution only.

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5L – Level 5 Ladies **5M – Level 5 Men**	Level 5 (Basic Novice A) Please see ISU communication 2024	A minimum of Level 5 Field Moves **and** either ▪ Level 5 Elements or ▪ Level 5 Free	Must not hold ▪ Level 6 Elements or ▪ Level 6 Free **THERE IS NO MAXIMUM STANDARD FOR SKATERS WHO HAVE NOT REACHED THE AGE OF 13 BEFORE THE 1ST OF JULY 2017.**	2½ Minutes (+/- 10 seconds)	Skaters should perform a well balanced programme with linking steps consisting of A maximum of 4 jump elements, consisting of • A minimum of 1 axel type jump element (either solo or in combination or sequence) • A maximum of 2 jump combinations or sequences consisting of only 2 jumps in combination .A jump sequence can contain any number of jumps but only the two most difficult jumps will be counted. • Any single or double jump cannot be executed more than twice in total. • Triple jumps not permitted. There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position. The spin combination can be executed with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions. The spin with no change of position can be executed with a change of foot and a minimum of eight (8) revolutions or without a change of foot and a minimum of six (6) revolutions. In both spins flying entries are allowed There must be one step sequence fully utilising the ice surface. **Levels explanation**: In all elements subject to levels only features up to level 2 will be counted. **Program Components**: Skating Skills & Performance/ Execution only.

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6L – Level 6 Ladies **6M – Level 6 Men**	**Level 6** (Basic Novice B)	A minimum of Level 6 Field Moves **and** either • Level 6 Elements or • Level 6 Free	Must not hold ▪ Level 7 Elements or ▪ Level 7 Free or	3 Minutes (+/- 10 seconds)	Skaters should perform a well balanced programme with linking steps consisting of A maximum of 5 jump elements for ladies and 6 for men, consisting of • A minimum of 1 Axel type jump element (either solo or in combination or sequence) • A maximum of 2 jump combinations or sequences. A combination may consist of only 2 jumps. A jump sequence can contain any number of jumps, but only the 2 most difficult jumps will be counted when using the IJS. • Any single or double (including double axel) or triple jumps cannot be executed more than twice in total. • Only 2 jumps with 2 ½ revolutions or more can be repeated either in a jump combination or jump sequence. There must be a maximum of two (2) spins of a different ISU abbreviation, one of which must be a spin combination and one must be a spin with no change of position. The spin combination can be executed with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions. The spin with no change of position can be executed with a change of foot and a minimum of eight (8) revolutions or without a change of foot and a minimum of six (6) revolutions. In both spins flying entries are allowed There must be for Ladies and for Men : A maximum of 1 step sequence fully utilising the ice surface. The step will receive level features and will also be evaluated in GOE. **Levels explanation**: In all elements subject to levels only features up to level 2 will be counted. **Program Components**: Skating Skills, Performance/ Execution and Interpretation only

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7L – Level 7 Ladies **7M – Level 7 Men**	**Level 7** (Basic Novice B) Please see ISU communication 2024	A minimum of Level 7 Field Moves **and** either ▪ Level 7 Elements or ▪ Level 7 Free or ▪ Old NISA Pre-Novice Competitive Test	Must not hold ▪ Level 8 Elements or ▪ Level 8 Free or ▪ Any part of old NISA Novice Competitive Test or higher **THERE IS NO MAXIMUM STANDARD FOR SKATERS <u>WHO HAVE NOT REACHED</u> THE AGE OF 15 BEFORE THE 1ST OF JULY 2017.**	3 Minutes (+/- 10 seconds)	Skaters should perform a well balanced programme with linking steps consisting of A maximum of 5 jump elements for ladies and 6 for men, consisting of • A minimum of1 Axel type jump element (either solo or in combination or sequence) • A maximum of 2 jump combinations or sequences. A combination may consist of only 2 jumps. A jump sequence can contain any number of jumps, but only the 2 most difficult jumps will be counted when using the IJS.. • Any single or double (including double axel) or triple jumps cannot be executed more than twice in total. • Only 2 jumps with 2 ½ revolutions or more can be repeated either in a jump combination or jump sequence. There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position. The spin combination can be executed with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions. The spin with no change of position can be executed with a change of foot and a minimum of eight (8) revolutions or without a change of foot and a minimum of six (6) revolutions. In both spins flying entries are allowed There must be for Ladies and for Men: A maximum of 1 step sequence fully utilising the ice surface. The step will receive level features and will also be evaluated in GOE **Levels explanation**: In all elements subject to levels only features up to level 2 will be counted. **Program Components**: Skating Skills Performance/ Execution and Interpretation only.

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ANL SP – Advanced Novice Ladies Short Prog. **ANM SP – Advance Novice Men Short Prog.**	**Level 8/ Advanced Novice SHORT PROGRAMME** Please see ISU com 2024	A minimum of Level 8 Field Moves and either ▪ Level 8 Elements or ▪ Level 8 Free or ▪ 1 part of the old NISA Novice Competitive Test	Must not hold ▪ Both parts of Level 9 Elements and Free or ▪ Both parts of old NISA Primary (ISU Novice) Competitive Test or higher **THERE IS NO MAXIMUM STANDARD FOR SKATERS WHO HAVE NOT REACHED THE AGE OF 15 BEFORE THE 1ST OF JULY 2017**	Ladies 2 Min 20 +/- 10 secs Men 2 Min 20 +/- 10 secs	**SHORT PROGRAMME** **Ladies** a) Single or double Axel b) Double or triple jump immediately preceded by connecting steps, may not repeat jump in a) c) One jump combination consisting of two double jumps or a double and a triple jump, both jumps may not repeat a jump in a) or b)) d) Layback or sideways leaning spin or spin in one basic position with no change of foot. (min. 6 revs in position) e) Spin combination with only one change of foot – min. 5 revs on each foot. Flying entry is allowed. f) One step sequence, fully utilising ice surface. **Men** a) Single or double Axel b) Double or triple jump immediately preceded by connecting steps, may not repeat jump in a) c) One jump combination consisting of two double jumps or a double and a triple jump, both jumps may not repeat a jump in a) or b) d) Camel, sit or upright spin (minimum of five (5) revolution on each foot) with change of foot and no flying entrance. e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed f) One step sequence, fully utilising the ice surface. **Levels explanation**: In all elements subject to levels only features up to level 3 will be counted. **Program Components**: Skating Skills, Transitions, Performance/ Execution and Interpretation only. **SKATERS ARE ADVISED TO READ CAREFULLY ALL RELEVANT ISU COMUNICATIONS INCLUDING 2089 & 2024 WHICH GIVE FURTHER DETAILS REGARDING ELEMENTS**

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ANL FP – Advanced Novice Ladies Free Prog. **ANM FP – Advanced Novice Men Free Prog.**	**Level 8/ Advanced Novice FREE PROGRAMME** Please see ISU com 2024	A minimum of Level 8 Field Moves **and** either ▪ Level 8 Elements or ▪ Level 8 Free or ▪ 1 part of the old NISA Novice Competitive Test	Must not hold ▪ Both parts of Level 9 Elements and Free or ▪ Both parts of old NISA Primary (ISU Novice) Competitive Test or higher **THERE IS NO MAXIMUM STANDARD FOR SKATERS <u>WHO HAVE NOT REACHED</u> THE AGE OF 15 BEFORE THE 1ST OF JULY 2017.**	Ladies 3 Minutes (+/- 10 seconds) Men 3 ½ Minutes (+/- 10 seconds)	**<u>FREE PROGRAMME</u>** Skaters should perform a well balanced programme with linking steps consisting of A maximum of 6 jump elements for ladies and 7 for men, consisting of • An axel type jump element (either solo or in combination or sequence) • A maximum of 2 jump combinations or sequences, consisting of only 2 jumps if in combination. In sequence the number of jumps is free but only the 2 most difficult jumps will be counted n the technical score • Any single or double (including a double axel) or triple jump cannot be executed more than twice in total. There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with change of foot (minimum eight (8) revolutions), flying entrance is not allowed and one must be a flying spin (minimum six (6) revolutions) or a spin in one position with change of foot and a flying entrance (minimum eight (8) revolutions). A Maximum of 1 step sequence fully utilizing the full ice surface. **Levels explanation**: In all elements subject to levels only features up to level 3 will be counted. **Program Components**: Skating Skills , Transitions, Performance/ Execution and Interpretation only. **SKATERS ARE ADVISED TO READ CAREFULLY ALL RELEVANT ISU COMUNICATIONS INCLUDING 2089 & 2024 WHICH GIVE FURTHER DETAILS REGARDING ELEMENTS**

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JL SP – Junior Ladies Short Prog. **JM SP – Junior Men Short Prog.**	**Level 9/ Junior SHORT PROGRAMME**	A minimum of Level 9 Field Moves **and** either : ▪ Level 9 Elements or ▪ Level 9 Free or ▪ 1 part of the old NISA Primary (ISU Novice) Competitive Test	Must not hold ▪ Both parts of Level 10 Elements and Free or ▪ Both parts of the Junior Competitive Test or higher **THERE IS NO MAXIMUM STANDARD FOR SKATERS WHO HAVE NOT REACHED THE AGE OF 19 BEFORE THE 1ST OF JULY 2017**	Ladies 2 min 40 +/- 10 secs Men 2 Mins 40 +/- 10 secs.	**SHORT PROGRAMME** **Ladies** a) Double Axel b) One Double or triple lutz immediately preceded by connecting steps and/or other comparable free skating movements c) One Jump combination consisting of two doubles or a double and a triple jump or two triple jumps (No repeat of a or b) d) Flying sit spin (min. 8 revolutions in position) e) Layback or sideways leaning spin or camel spin without change of foot (min. 8 revolutions in position) f) Spin combination with only 1 change of foot (min. 6 revolutions on each foot). g) One Step sequence fully utilizing the ice surface **Men** a) Double or Triple Axel b) One Double or triple lutz immediately preceded by connecting steps and/or other comparable free skating movements c) One Jump combination consisting of a double and a triple jump or two triple jumps (No repeat of a or b) d) Flying Sit Spin (min. 8 revolutions in position) e) Camel spin with only one change of foot (min. 6 revolutions on each foot) f) Spin combination with only 1 change of foot (min. 6 revolutions on each foot). h) One Step sequence fully utilizing the ice surface **SKATERS ARE ADVISED TO READ CAREFULLY ALL RELEVANT ISU COMUNICATIONS INCLUDING 2089 & 2014 WHICH GIVE FURTHER DETAILS REGARDING ELEMENTS**

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JL FP – Junior Ladies Free Prog. **JM FP – Junior Men Free Prog.**	**Level 9/ Junior FREE PROGRAMME**	A minimum of Level 9 Field Moves **and** either : ▪ Level 9 Elements or ▪ Level 9 Free or ▪ 1 part of the old NISA Primary (ISU Novice) Competitive Test	Must not hold ▪ Both parts of Level 10 Elements and Free or ▪ Both parts of the Junior Competitive Test or higher **THERE IS NO MAXIMUM STANDARD FOR SKATERS WHO HAVE NOT REACHED THE AGE OF 19 BEFORE THE 1ST OF JULY 2017**	Ladies 3½ Minutes (+/- 10 seconds) Men 4 Minutes (+/- 10 seconds)	**FREE PROGRAMME** Skaters should perform a well balanced programme with linking steps consisting of A maximum of 7 jump elements for ladies and 8 for men which must contain • An axel type jump element (either solo or in combination or sequence) • A maximum of 3 jump combinations or sequences. If in combination, 1 may consist of 3 jumps and the others of only 2 jumps. A maximum of 3 spins with different ISU abbreviations, 1 of which must be a combination spin (min 10 revs), 1 a flying spin or spin with a flying entrance (min 6 revs) and 1 a spin with only 1 basic position (min 6 revs) A Maximum of 1 step sequence utilizing the full ice surface. . N.B. With regard to the repetition of jumps ISU Rule 612 Special Regulations 2016 applies. See also ISU Communication 2014 **SKATERS ARE ADVISED TO READ CAREFULLY ALL RELEVANT ISU COMUNICATIONS INCLUDING 2089 & 2014 WHICH GIVE FURTHER DETAILS REGARDING ELEMENTS**

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SL SP – Senior Ladies Short Prog. **SM SP – Senior Men Short Prog.**	**Level 10/ Senior SHORT PROGRAMME**	Level 10 Field Moves **and** either ▪ Level 10 Elements or ▪ Level 10 Free or ▪ One part of the Junior Competitive Test	No maximum test requirement	Ladies: 2 Min 40 +/- 10 secs. Men: 2 Min 40 +/- 10 secs.	**SHORT PROGRAMME** **Ladies** a) Double or Triple Axel b) One Triple jump immediately preceded by connecting steps and/or other comparable free skating movements c) One Jump combination consisting of a double and a triple jump or two triple jumps (No repeat of a or b) d) Flying spin (free choice – min. 8 revolutions in position) e) Layback or sideways leaning spin (min. 8 revolutions in position) or sit/camel spin without change of foot (minimum 8 revolutions in position) f) Spin combination with only 1 change of foot (min. 6 revolutions on each foot). g) One Step sequence fully utilizing the ice surface **Men** h) Double or Triple Axel i) One Triple or quadruple jump immediately preceded by connecting steps and/or other comparable free skating movements j) One Jump combination consisting of a double and a triple jump, or two triple jumps, or a quadruple jump with a double or a triple (No repeat of a or b) k) Flying spin (free choice – min 8 revolutions in position) l) Sit or camel spin with only one change of foot (min. 6 revolutions on each foot) m) Spin combination with only 1 change of foot (min. 6 revolutions on each foot). n) One Step sequence fully utilizing the ice surface Note - The landing position of the flying spin (d) must be different to the position selected in the one position spin (e). **SKATERS ARE ADVISED TO READ CAREFULLY ALL RELEVANT ISU COMUNICATIONS INCLUDING 2089 & 2014 WHICH GIVE FURTHER DETAILS REGARDING ELEMENTS**

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SL FP – Senior Ladies Free Prog **SM FP – Senior Men Free Prog.**	**Level 10/ Senior FREE PROGRAMME**	Level 10 Field Moves **and** either ▪ Level 10 Elements or ▪ Level 10 Free or ▪ One part of the Junior Competitive Test	No maximum test requirement	Ladies: 4 Minutes (+/- 10 seconds) Men: 4½ Minutes (+/- 10 seconds)	**FREE PROGRAMME** Skaters should perform a well balanced programme with linking steps consisting of: A maximum of 7 jump elements for ladies and 8 for men which must consist of • An axel type jump element (either solo or in combination or sequence) • A maximum of 3 jump combinations or sequences. If in combination, 1 may consist of 3 jumps and the others of only 2 jumps. A maximum of 3 spins with different ISU abbreviations, 1 of which must be a combination spin (min 10 revs) 1 a flying spin or spin with flying entry (min 6 revs) and 1 a spin with only 1 basic position (min 6 revs) A Maximum of 1 step sequence and 1 choreographic sequence utilizing the full ice surface, as per ISU Regulations 2016 and any subsequent ISU communications. (see below for definition of choreographic sequence) N.B. With regard to the repetition of jumps ISU Rule 612 Special Regulations 2016 applies. See also ISU Communication **SKATERS ARE ADVISED TO READ CAREFULLY ALL RELEVANT ISU COMUNICATIONS INCLUDING 2089 & 2014 WHICH GIVE FURTHER DETAILS REGARDING ELEMENTS**

1) **SPIN WITH NO CHANGE OF POSITION.** A "spin with no change of position", in which another basic position is executed with more than two (2) revolutions, does not fulfil the requirements of a spin with "no change of position" and will be identified as a "spin combination". However, the concluding upright position at the end of the spin is not considered to be another position independent of the number of revolutions, as long as the skater is executing only the final wind up without any enhancements. NB. This means in a spin with only one change of position, if the second position is an Upright position it should be obvious, eg. have an enhancement, to make it clear is not simply the wind up.
2) **CHOREOGRAPHIC SEQUENCE**
A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, any jumps with maximum of 2 revolutions, spins etc. Listed elements included in the Choreographic Sequence will not be called and will not occupy a box. The pattern is not restricted, but the sequence must be clearly visible. It can be performed before or after the Step Sequence. This element has a fixed base value and will be evaluated by the judges in GOE only. As per ISU Communication 2089 and any subsequent updates.